

There are numerous monasteries whose beers can be purchased. However, the beers of the Trappist monks have become the most popular due to their uniqueness and quality.

Allgemeines zu den Trappisten

- Foundation of the Trappist Order in 1892
- Originally, the monks practiced ora et labora . Otherwise they were silent
- Trappists produce food for their own needs or financing of the surrounding area
- In the monasteries, some brewing has been going on since the 16th century.



Die Biere der Trappisten

In order for a beer to be called Trappist beer, Trappist monasteries must follow strict regulations:

- There are 11 Trappist monasteries worldwide
 - 5 x in Belgium
 - 2 x in the Netherlands
 - 1 x in Austria
 - 1 x in the USA
 - 1 x in Italy
 - 1 x in England
- There are also more than 50 different Trappist beers
- The beers are certified by the International Trappist Association.
- Most Trappist beers are strong beers
- Many Trappist beers have bottle fermentation
- The beers are usually named by numbers, which stands for the specific gravity